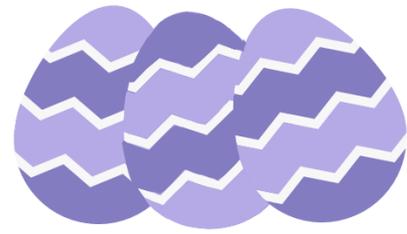
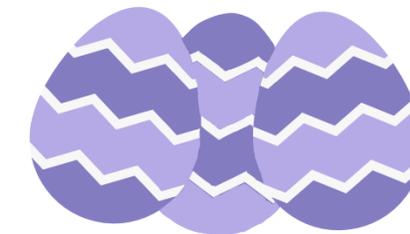


04



APRIL



2026

| SUN | MON | TUE | WED | THU | FRI | SAT |
|---|---|---|--|--|--|---|
| | | | VIRTUAL/IN PERSON ¹ BODY TONE** 7:30-8AM W/ MEAGAN | VIRTUAL/IN PERSON ² ZUMBA* 9-10AM W/ JILLIAN YOGA* 6-7PM W/ ASHA | IN PERSON ONLY ³ FUNCTIONAL CIRCUIT TRAINING* 9-9:30AM W/ AVERY | VIRTUAL/IN PERSON ⁴ CORE & STRENGTH** 10-10:30AM W/ JOHN |
|  5 | VIRTUAL ONLY ⁶ STRONG & BALANCED* 10-10:30AM W/ PAT | VIRTUAL/IN PERSON ⁷ CHAIR YOGA* 9-10AM W/ ASHA STRENGTH & STABILITY* 3:30-4PM W/ MK | VIRTUAL/IN PERSON ⁸ BODY TONE** 7:30-8AM W/ MEAGAN | VIRTUAL/IN PERSON ⁹ ZUMBA* 9-10AM W/ JILLIAN YOGA* 6-7PM W/ ASHA | IN PERSON ONLY ¹⁰ FUNCTIONAL CIRCUIT TRAINING* 9-9:30AM W/ AVERY | VIRTUAL/IN PERSON ¹¹ CORE & STRENGTH** 10-10:30AM W/ JOHN |
| 12 | VIRTUAL ONLY ¹³ STRONG & BALANCED* 10-10:30AM W/ PAT | VIRTUAL/IN PERSON ¹⁴ CHAIR YOGA* 9-10AM W/ ASHA STRENGTH & STABILITY* 3:30-4PM W/ MK | 15 NO CLASS | VIRTUAL/IN PERSON ¹⁶ ZUMBA* 9-10AM W/ JILLIAN YOGA* 6-7PM W/ ASHA | IN PERSON ONLY ¹⁷ FUNCTIONAL CIRCUIT TRAINING* 9-9:30AM W/ AVERY | 18 NO CLASS |
| 19 | VIRTUAL ONLY ²⁰ STRONG & BALANCED* 10-10:30AM W/ PAT | VIRTUAL/IN PERSON ²¹ CHAIR YOGA* 9-10AM W/ ASHA STRENGTH & STABILITY* 3:30-4PM W/ MK | VIRTUAL/IN PERSON ²² BODY TONE** 7:30-8AM W/ MEAGAN | VIRTUAL/IN PERSON ²³ ZUMBA* 9-10AM W/ JILLIAN YOGA* 6-7PM W/ ASHA | 24 NO CLASS | 25 NO CLASS |
| 26 | VIRTUAL ONLY ²⁷ STRONG & BALANCED* 10-10:30AM W/ PAT | VIRTUAL/IN PERSON ²⁸ CHAIR YOGA* 9-10AM W/ ASHA STRENGTH & STABILITY* 3:30-4PM W/ MK | VIRTUAL/IN PERSON ²⁹ BODY TONE** 7:30-8AM W/ MEAGAN | VIRTUAL/IN PERSON ³⁰ ZUMBA* 9-10AM W/ JILLIAN YOGA* 6-7PM W/ ASHA | IN PERSON ONLY FUNCTIONAL CIRCUIT TRAINING* 9-9:30AM W/ AVERY | |

*MINIMUM 3 PARTICIPANTS TO HOLD CLASS

*ALL LEVELS

**INTERMEDIATE

***ADVANCED