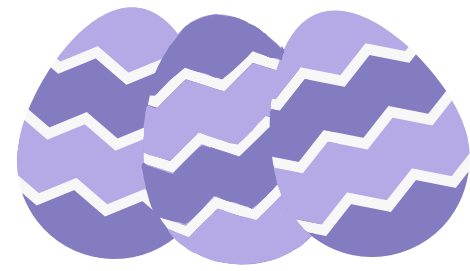
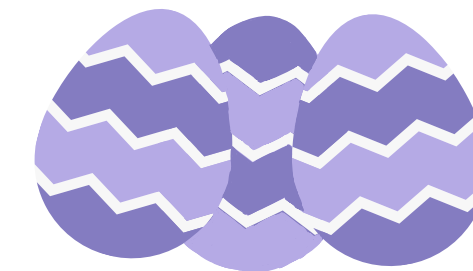


04



APRIL



2026

SUN	MON	TUE	WED	THU	FRI	SAT
			VIRTUAL/IN PERSON ¹ BODY TONE** 7:30-8AM W/ MEAGAN	VIRTUAL/IN PERSON ² ZUMBA* 9-10AM W/ JILLIAN YOGA* 6-7PM W/ ASHA	IN PERSON ONLY ³ FUNCTIONAL CIRCUIT TRAINING* 9-9:30AM W/ AVERY	VIRTUAL/IN PERSON ⁴ CORE & STRENGTH** 10-10:30AM W/ JOHN
 5	VIRTUAL ONLY ⁶ STRONG & BALANCED* 10-10:30AM W/ PAT	VIRTUAL/IN PERSON ⁷ CHAIR YOGA* 9-10AM W/ ASHA STRENGTH & STABILITY* 3:30-4PM W/ MK	VIRTUAL/IN PERSON ⁸ BODY TONE** 7:30-8AM W/ MEAGAN	VIRTUAL/IN PERSON ⁹ ZUMBA* 9-10AM W/ JILLIAN YOGA* 6-7PM W/ ASHA	IN PERSON ONLY ¹⁰ FUNCTIONAL CIRCUIT TRAINING* 9-9:30AM W/ AVERY	VIRTUAL/IN PERSON ¹¹ CORE & STRENGTH** 10-10:30AM W/ JOHN
12	VIRTUAL ONLY ¹³ STRONG & BALANCED* 10-10:30AM W/ PAT	VIRTUAL/IN PERSON ¹⁴ CHAIR YOGA* 9-10AM W/ ASHA STRENGTH & STABILITY* 3:30-4PM W/ MK	15 NO CLASS	VIRTUAL/IN PERSON ¹⁶ ZUMBA* 9-10AM W/ JILLIAN YOGA* 6-7PM W/ ASHA	IN PERSON ONLY ¹⁷ FUNCTIONAL CIRCUIT TRAINING* 9-9:30AM W/ AVERY	18 NO CLASS
19	VIRTUAL ONLY ²⁰ STRONG & BALANCED* 10-10:30AM W/ PAT	VIRTUAL/IN PERSON ²¹ CHAIR YOGA* 9-10AM W/ ASHA STRENGTH & STABILITY* 3:30-4PM W/ MK	VIRTUAL/IN PERSON ²² BODY TONE** 7:30-8AM W/ MEAGAN	VIRTUAL/IN PERSON ²³ ZUMBA* 9-10AM W/ JILLIAN YOGA* 6-7PM W/ ASHA	24 NO CLASS	25 NO CLASS
26	VIRTUAL ONLY ²⁷ STRONG & BALANCED* 10-10:30AM W/ PAT	VIRTUAL/IN PERSON ²⁸ CHAIR YOGA* 9-10AM W/ ASHA STRENGTH & STABILITY* 3:30-4PM W/ MK	VIRTUAL/IN PERSON ²⁹ BODY TONE** 7:30-8AM W/ MEAGAN	VIRTUAL/IN PERSON ³⁰ ZUMBA* 9-10AM W/ JILLIAN YOGA* 6-7PM W/ ASHA		

*MINIMUM 3 PARTICIPANTS TO HOLD CLASS

*ALL LEVELS

**INTERMEDIATE

***ADVANCED